

# Psychoanalytic Dimensions

## **STUDY-DIALOGUE GROUP ON THE HISTORY OF U.S. STRUCTURAL RACISM AND ITS IMPACT ON US AS CITIZENS, CLINICIANS, AND TEACHERS**

**Co-leaders: Jody Leader, Ph.D. and Linda Luz-Alterman, Ph.D.**

In this study-dialogue group we will immerse ourselves in the often neglected racial history of the United States: Jim Crow, lynching, convict leasing, the G.I. Bill, redlining, and contemporary mass incarceration. The silence surrounding this history prevents us from integrating this knowledge into our sense of ourselves and the world we live in and it also prevents us from formulating how it affects us - as individuals, therapists, analysts and teachers. We will create a space to explore how we may unknowingly repeat this racial history. Part educative, part experiential, this group aims to meet each participant where they are in their awareness of these issues and encourage them to learn from the readings and each other. We will offer articles, videos, podcasts and other materials for reflection and dialogue and invite participants to question their own role in perpetuating structural racism. We will also connect what we are learning with our clinical work, consulting and teaching.

5 Tuesday evenings: Sept. 24, Oct. 22, Oct. 29, Nov. 19, Dec. 10.

Gather at 7pm for hearty appetizers and fellowship. Group starts promptly at 7:30PM and ends at 9 PM. Brookline near Brookline Village

Enrollment limit: 12 participants

Intended audience: at least 3 years post-graduate school: Psychoanalysts, psychotherapists, and academics.

This course is a collaborative offering of MIP's Academic Outreach Committee and Psychoanalytic Dimensions.

### **Learning Objectives**

At the end of this study group participants will be able to:

- 1) Describe the history of slavery, the G.I. Bill, redlining, institutional/systemic racism and its impact on both people of color and white people.
- 2) Identify ways that the racial history of the U.S. created structural and institutionalized inequities that continue today.
- 3) Identify ways that structural racialized inequities perpetuate a caste system that leaves many people unable to access housing, education, medical care, and equal justice.
- 4) Describe the ways that these racialized inequities may enter into our clinical work and teaching with both same-race and cross-race dyads and groups
- 5) Describe how the hidden nature of this information about our country's past has interfered with our ability to think about this history and its impact on us and how this may negatively affect our clinical work and teaching.

### **Sampling of readings**

Alexander, M. (2012). *The New Jim Crow: Mass incarceration in the age of colorblindness*. New York: The New Press.

# Psychoanalytic Dimensions

Christian, C. Reichbart, R. Moskowitz, M. Morillo, R. Winograd, B. (2016). *Psychoanalysis in El Barrio*. PEP Video Grants, 1(2):10.

Eng, D.L. Han, S. (2000). *A Dialogue on Racial Melancholia*. *Psychoanalytic Dialogues*, 10(4):667-700.

Equal Justice Initiative staff. (2015). *Lynching in America: Confronting the Legacy of Racial Terror*, Montgomery, Alabama: Equal Justice Initiative.

Irving, D. (2014). *Waking Up White, and Finding Myself in the Story of Race*. Cambridge, MA: Elephant Room Press

Kahn, Andrew, and Janelle Bouie. "This Haunting Animation Maps the Journeys of 15,790 Slave Ships in Two Minutes." *Slate Magazine*, Slate, 25 June 2015, [www.slate.com/articles/life/the\\_history\\_of\\_american\\_slavery/2015/06/animated\\_interactive\\_of\\_the\\_history\\_of\\_the\\_atlantic\\_slave\\_trade.html](http://www.slate.com/articles/life/the_history_of_american_slavery/2015/06/animated_interactive_of_the_history_of_the_atlantic_slave_trade.html).

Kita, B. (2015). "If I cannot bend the higher powers, I must stir up the lower depths": Mass incarceration and psychoanalysis. *Psychoanalytic Activist*, (Online publication of Section 9 Psychoanalysts for Social Responsibility, Division 39 Psychoanalysis of the American Psychological Association) October 2, 2015.

Poole, K. (2015) "America's Wealth . . . From the Backs of Our Ancestors" (July 2015) Video by The Great Griot (Kara Poole, narrator) on racial wealth disparity.

Rankine, C. (2014) *Citizen: An American Lyric*. Minneapolis: Graywolf Press.

Winograd, B. (2014). *Black Psychoanalysts Speak*. PEP Video Grants, 1(1):1.

**Jody Leader, Ph.D.** is a graduate and faculty member at MIP. She is in private practice in Brookline.

**Linda Luz-Alterman, Ph.D.** is a graduate, supervisor and faculty member at MIP. She is a Lecturer (parttime) in Psychology, Dept. of Psychiatry, Harvard Medical School and teaches and supervises at Cambridge Health Alliance. She is in private practice in Cambridge.

## CONTINUING EDUCATION CREDITS

MIP Psychoanalytic Dimensions courses are free to the public. Non MIP members must pay \$15 per credit if they wish to receive CEs.

**Psychologists:** The Massachusetts Institute for Psychoanalysis (MIP) is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. MIP maintains responsibility for this program and its content. This course has been approved for **7.5** CEs.

Per APA requirements, psychologists must attend 100% of a course in order to be eligible for continuing education credit.

**Physicians:** The Massachusetts Institute for Psychoanalysis, Inc. is accredited by The Massachusetts Medical Society to provide continuing medical education for physicians.

Please contact Liz Martin at [reachMIP@gmail.com](mailto:reachMIP@gmail.com) for the status of CME for this activity.



# Psychoanalytic Dimensions

**Social Workers:** An application for social work continuing education credits has been submitted. Please contact Liz Martin at [reachMIP@gmail.com](mailto:reachMIP@gmail.com) for the status of social work CE accreditation.

Per NASW requirements, social workers must attend 80% of a course in order to be eligible for continuing education credit.

**LMHC:** When an LMHC attends a CE event that has not been approved for CE, an *individual* may seek approval retroactively by meeting the criteria for approval outlined in the MMCEP LMHC Consumer Guidelines and the CMR 262 Regulations for LMHCs. With Retroactive Approval, the CEs can be applied to the CE requirement to renew a license. Visit <http://www.mamhca.org/mmcep/lmhc-ce-guidelines/> for information.

## **NON-DISCRIMINATION POLICY**

---

MIP has a strong and consistent commitment to equal opportunity and does not discriminate in any of its policies on the basis of age, disability, ethnicity, gender, gender identification, nationality, race, religion, and sexual orientation.

## **GRIEVANCE POLICY**

---

Please address any questions or concerns about this or any program or event sponsored by MIP to the Institute Administrator Liz Martin at 617-469-2777 OR [reachmip@gmail.com](mailto:reachmip@gmail.com)